



## What to Bring

**\* Please do not bring more than what is listed below. Space is limited.**

### Clothing

14 (total) pants, shorts, leggings, etc.  
(leggings can be worn as pants as long as a shirt/dress that is at least fingertip-length long when your hands are by your side.)

14 tops (includes sweatshirts, hoodies)

4 dresses/skirts

4 pajamas

1 heavy coat

1 light jacket

14 bras

14 underwear

5 Camisoles/under shirts

14 pairs of socks

### Shoes (total of 6)

2 pairs of sneakers

1 pair of sandals

1 pair of dress shoes

1 pair of boots

1 pair of flip-flops

### Toiletries

You may bring your own toiletries & make-up

Any hairsprays, body sprays, etc. containing alcohol will be locked up and can be used at approved times.

### Miscellaneous

Bring an ID, SS card, EBT card if you have one

Bring a Bible if you have one

30-day supply of approved medications

Unopened bottles of vitamins only

### Do Not Bring:

Tampons/pads (we have plenty to share)

Drugs (or any paraphernalia), alcohol, weapons

Vapes, cigarettes, lighters

hand sanitizer

lap-tops, ipads, etc.

\* phones/electronics will be locked in the office

**\*\*\* You do not have to go out and buy anything listed above.**

**We have donations of clothes and toiletries to share with you.**